

What diseases does a RHEUMATOLOGIST treat?

Rheumatologists treat arthritis, certain autoimmune diseases, musculoskeletal pain disorders and osteoporosis. There are more than 100 types of these diseases...

Ankylosing Spondylitis (AS), Antiphospholipid Syndrome, Avascular Necrosis (Osteonecrosis) Back Pain
Behçet's Disease, Bursitis
Calcium Pyrophosphate Dihydrate Crystal Deposition Disease (CPPD/Pseudo Gout)
Carpal Tunnel Syndrome (CTS)
Dermatomyositis, Ehlers-Danlos Syndrome (EDS)
Familial Mediterranean Fever (Juvenile)
Fibromyalgia (FMS), Fifth Disease
Giant Cell Arteritis (GCA)
Glucocorticoid-induced Osteoporosis, Gout
HCV-Associated Arthritis
HIV-Associated Rheumatic Disease Syndromes
Hypermobility, Juvenile Arthritis
Localized Scleroderma, Lyme Disease
Metabolic Myopathies, Marfan Syndrome
Myositis, Myopathies
Osteoarthritis, Osteonecrosis (of the Jaw (ONJ))
Osteoporosis, Paget's Disease
Periodic Fever, Aphthous Stomatitis,
Polymyalgia Rheumatica
Pseudogout
Psoriatic Arthritis, Raynaud's Phenomenon
Reactive Arthritis
Reflex Sympathetic Dystrophy Syndrome (RSDS)
Rheumatoid Arthritis
Scleroderma, Sjögren's Syndrome, Spinal Stenosis
Spondyloarthritis, Spondyloarthropathy, Still's Disease, Systemic Lupus Erythematosus (Lupus)
Takayasu's Arteritis, Tendonitis / Bursitis
Tumor Necrosis Factor Receptor Associated Periodic Syndrome, Vasculitis
Wegener's (Granulomatosis with Polyangiitis)

About Arthritis Foundation (AF) Northern California Chapter

The mission of the AF is to improve lives through leadership in the prevention, control and cure of arthritis and related autoimmune diseases. AF works to improve public awareness about arthritis and promote public health through education, information, and referral services.

AF's Life-Improvement Series classes (Exercise, Aquatic, Tai-Chi, Walking programs) are specifically designed to help alleviate arthritis pain.

www.arthritis.org/chapters/northern-california/

About Northern California Rheumatology Society (NCRS)

The mission of the NCRS is to provide for the advancement of the care of patients with rheumatic and related diseases, through the professional development of its members, via educational programs on recent scientific advances in the field and practice of rheumatology and related medical specialties.

NCRS mainly conducts educational programs on recent scientific updates to the rheumatology providers.

www.NorCalRheumatology.org



— Northern California Chapter —

In partnership with



Presents

A Rheumatology Patient & Family Education Symposium

*~ Designed to help empower
a healthier YOU!*

Saturday, March 3, 2012
9:30 AM - 3:00 PM

Washington Hospital West
Anderson Auditorium
2500 Mowry Ave.,
Fremont, CA 94538

What is a RHEUMATOLOGIST?

A rheumatologist is a medical specialist in musculoskeletal disorders who diagnoses and treats arthritis and other diseases of the joints, muscles and bones. Most often, a patient is referred to a rheumatologist by the Primary Care after presenting symptoms of swelling and pain in joints, muscles and bones.

What Training do Rheumatologists Have?

4 years of medical school + 3 years of internal medicine training + additional 2 or 3 years of specialized rheumatology fellowship program

When Should You See a Rheumatologist?

Many types of rheumatic diseases are not easily identified in the early stages. Rheumatologists are specially trained to do the detective work necessary to discover the cause of swelling and pain. It's important to determine a correct diagnosis early so that appropriate treatment can prevent long term disability.

Because some rheumatic diseases are complex, one visit to a rheumatologist may not be enough to determine a diagnosis and course of treatment. These diseases often change or evolve over time. Rheumatologists work closely with patients and their Primary Care to identify the problem and design an individualized treatment program.

Symposium Program

9:00 a.m. Registration Opens

10:00 a.m. Welcome and Opening Remarks

10:15 - 10:45 **Rheumatology 101**
Basic immunology for everyone.
~Barry Shibuya M.D.

10:50 - 11:30 Breakout Session 1

1A: Rheumatoid Arthritis, Vasculitis
~Sangeetha Balasubramanian M.D.

1B: Osteoarthritis and Joint Pain
~Sabiha Rasheed M.D.

1C: Fibromyalgia, Lupus
~Speaker TBD

11:35 - 12:15 p.m. Breakout Session 2

2A: Psoriatic Arthritis, Spondyloarthropathies
~Sangeetha Balasubramanian M.D.

2B: Osteoporosis, Gout
~Sabiha Rasheed M.D.

Lunch + Exhibit

1:15 - 1:45 p.m. **Insurance Issues**

1:45 - 2:45 **Incorporating Integrated Medicine, Life Style changes – Nutrition, Physical Activities, joint protection etc.**
~Speaker: Barry Shibuya M.D. and Kathy Hesser, RN

2:45 - 3:00 Closing Remarks & Adjournment

Register for the Symposium

Online, Mail this form, or Fax
www.norcalrheumatology.org/2012symposium.html

To: Arthritis Foundation
657 Mission Street # 603,
San Francisco, CA 94105-4120

email: info.nca@arthritis.org
Questions: Call 800-464-6240
Fax: 415-356-1240

Name: _____

Email: _____

Phone: _____

Address: _____

Number Adult Attending: _____

Guest Name: _____

Session Choices: (please circle)

	Attendee	Guest
Session 1:	A / B / C	A / B / C
Session 2:	A / B	A / B

Deadline for registration Feb. 24, 2012

The event is provided at no cost, with a suggested donation of \$5 per person to our non-profit organizations.

Thank you to our Sponsors!
(see online registration page for details)