What diseases does a RHEUMATOLOGIST treat?

Rheumatologists treat arthritis, certain autoimmune diseases, musculoskeletal pain disorders and osteoporosis. There are more than 100 types of these diseases…

- Ankylosing Spondylitis (AS)
- Antiphospholipid Syndrome
- Avascular Necrosis (Osteonecrosis)
- Back Pain
- Behçet’s Disease
- Bursitis
- Calcium Pyrophosphate Dihydrate Crystal Deposition Disease (CPPD/Pseudo Gout)
- Carpal Tunnel Syndrome (CTS)
- Dermatomyositis
- Ehlers-Danlos Syndrome (EDS)
- Familial Mediterranean Fever (Juvenile)
- Fibromyalgia (FMS)
- Fifth Disease
- Giant Cell Arteritis (GCA)
- Glucocorticoid-induced Osteoporosis, Gout
- HCV-Associated Arthritis
- HIV-Associated Rheumatic Disease Syndromes
- Hypermobility, Juvenile Arthritis
- Localized Scleroderma, Lyme Disease
- Metabolic Myopathies
- Marfan Syndrome
- Myositis
- Osteoarthritis
- Osteonecrosis (of the Jaw (ONJ))
- Osteoporosis, Paget’s Disease
- Pericarditis
- Polymyalgia Rheumatica
- Pseudogout
- Psoriatic Arthritis
- Raynaud’s Phenomenon
- Reactive Arthritis
- Reflex Sympathetic Dystrophy Syndrome (RSDS)
- Rheumatoid Arthritis
- Scleroderma
- Sjögren’s Syndrome
- Spinal Stenosis
- Spondyloarthritis
- Still’s Disease
- Systemic Lupus Erythematosus (Lupus)
- Takayasu’s Arteritis
- Tendonitis
- Tumor Necrosis Factor Receptor Associated Periodic Syndrome
- Vasculitis
- Wegener’s (Granulomatosis with Polyangiitis)
What is a RHEUMATOLOGIST?

A rheumatologist is a medical specialist in musculoskeletal disorders who diagnoses and treats arthritis and other diseases of the joints, muscles and bones. Most often, a patient is referred to a rheumatologist by the Primary Care after presenting symptoms of swelling and pain in joints, muscles and bones.

What Training do Rheumatologists Have?

4 years of medical school + 3 years of internal medicine training + additional 2 or 3 years of specialized rheumatology fellowship program

When Should You See a Rheumatologist?

Many types of rheumatic diseases are not easily identified in the early stages. Rheumatologists are specially trained to do the detective work necessary to discover the cause of swelling and pain. It’s important to determine a correct diagnosis early so that appropriate treatment can prevent long term disability.

Because some rheumatic diseases are complex, one visit to a rheumatologist may not be enough to determine a diagnosis and course of treatment. These diseases often change or evolve over time. Rheumatologists work closely with patients and their Primary Care to identify the problem and design an individualized treatment program.

Symposium Program

9:00 a.m. Registration Opens

10:00 a.m. Welcome and Opening Remarks

10:15 - 10:45 **Rheumatology 101**

Basic immunology for everyone.

~Barry Shibuya M.D.

10:50 - 11:30 Breakout Session 1

**1A: Rheumatoid Arthritis, Vasculitis**

~Sangeetha Balasubramanian M.D.

**1B: Osteoarthritis and Joint Pain**

~Sabiha Rasheed M.D.

**1C: Fibromyalgia, Lupus**

~Speaker TBD

11:35 - 12:15 p.m. Breakout Session 2

**2A: Psoriatic Arthritis, Spondyloarthropathies**

~Sangeetha Balasubramanian M.D.

**2B: Osteoporosis, Gout**

~Sabiha Rasheed M.D.

1:15 - 1:45 p.m. **Insurance Issues**

1:45 - 2:45 Incorporating Integrated Medicine, Life Style changes – Nutrition, Physical Activities, joint protection etc.

~Speaker: Barry Shibuya M.D. and Kathy Hesser, RN

2:45 - 3:00 Closing Remarks & Adjournment

Register for the Symposium

Online, Mail this form, or Fax

www.norcalrheumatology.org/2012symposium.html

To: Arthritis Foundation

657 Mission Street # 603,
San Francisco, CA 94105-4120

e-mail: info.nca@arthritis.org

Questions: Call 800-464-6240

Fax: 415-356-1240

Name: ___________________________

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Address: _________________________

Number Adult Attending: _____________

Guest Name: ______________________

Session Choices: (please circle)

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**Deadline for registration Feb. 24, 2012**

The event is provided at no cost, with a suggested donation of $5 per person to our non-profit organizations.

Thank you to our Sponsors!

(see online registration page for details)