

## Advances in & Treatment of Rheumatoid Arthritis

Saturday, April 24th
10:30 am — 12 pm
Timpany Center
730 Empey Way, San Jose

Featuring...
Dr. Barry Shibuya, Rheumatologist
Susan Kraughto, Certified Life Improvement
Series Program Trainer

Learn how Rheumatoid Arthritis is treated and about the newest advances in treatment. Also, get to know how the Arthritis Foundation Exercise Program and the Arthritis Foundation Aquatic Program can reduce your pain and stiffness while improving your joint functionality and overall quality of life.

## \*\*\*FREE EVENT. RSVP Required\*\*\*

Call the Northern California
Chapter at 1-800-464-6240 OR
email info.nca@arthritis.org
to reserve your spot!







